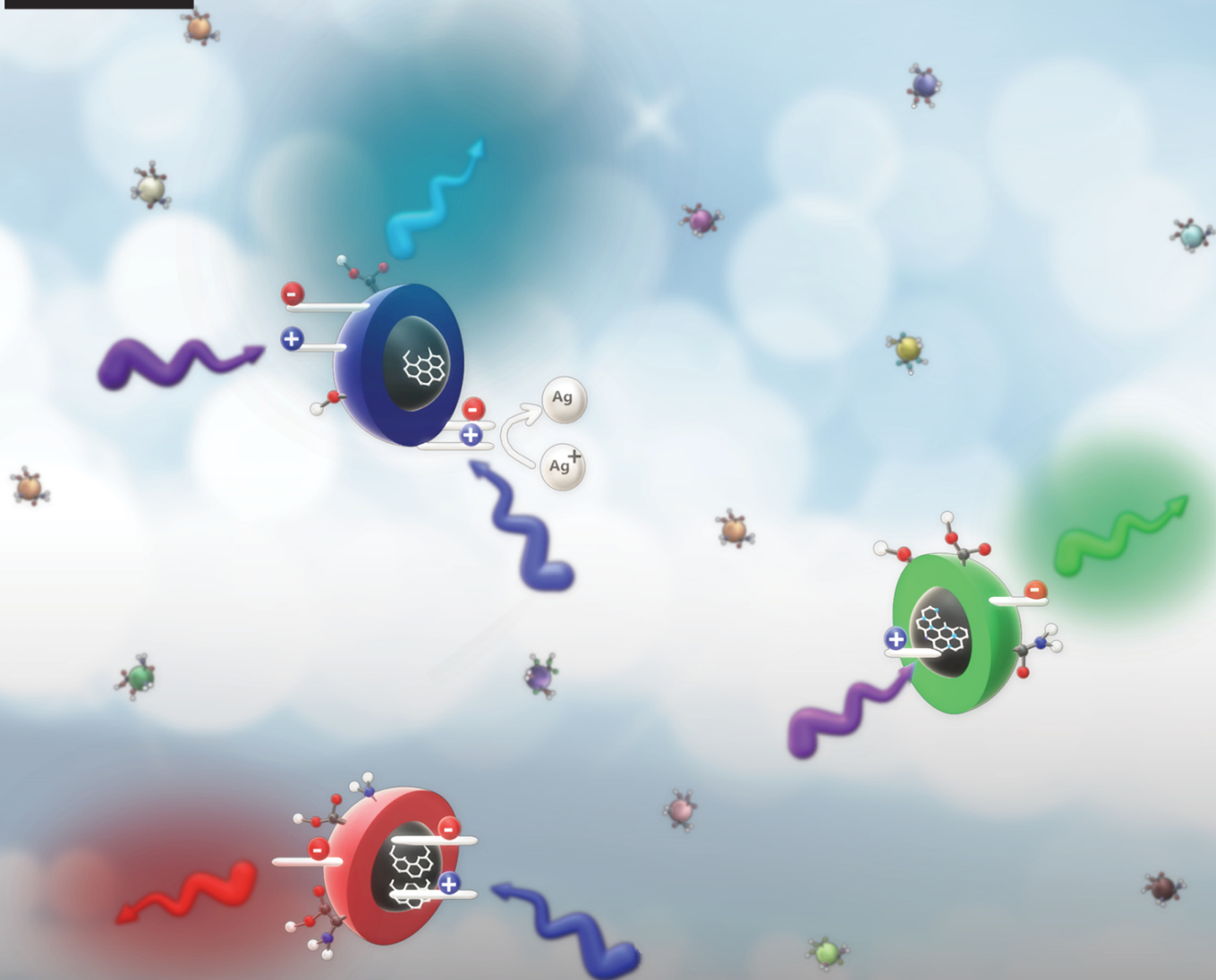


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Review

Carbon Nanodots: A Review—From the Current Understanding of the Fundamental Photophysics to the Full Control of the Optical Response

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Abstract: Carbon dots (CDs) are an emerging family of nanosystems displaying a range of fascinating properties. Broadly speaking, they can be described as small, surface-functionalized carbonaceous nanoparticles characterized by an intense and tunable fluorescence, a marked sensitivity to the environment and a range of interesting photochemical properties. CDs are currently the subject of very intense research, motivated by their possible applications in many fields, including bioimaging, solar energy harvesting, nanosensing, light-emitting devices and photocatalysis. This review covers the latest advancements in the field of CDs, with a focus on the fundamental understanding of their key photophysical behaviour, which is still very debated. The photoluminescence mechanism, the origin of their peculiar fluorescence tunability, and their photo-chemical interactions with coupled systems are discussed in light of the latest developments in the field, such as the most recent results obtained by femtosecond time-resolved experiments, which have led to important steps forward in the fundamental understanding of CDs. The optical response of CDs appears to stem from a very complex interplay between the electronic states related to the core structure and those introduced by surface functionalization. In addition, the structure of CD energy levels and the electronic dynamics triggered by photo-excitation finely depend on the microscopic structure of any specific sub-type of CD. On the other hand, this remarkable variability makes CDs extremely versatile, a key benefit in view of their very wide range of applications.

Keywords: carbon dots; nanocarbon; fluorescence; photophysics; photochemistry; ultrafast; femtosecond

1. Introduction

Carbon nanodots (CDs), discovered in the mid-2000s [1,2], are one of the protagonists of carbon nanoscience. CDs are nanoparticles smaller than ≈ 10 nm (Figure 1) typically composed by carbon, oxygen, nitrogen and hydrogen. Their most important hallmark is a bright fluorescence, tunable across the visible range, which has revolutionized the traditional paradigm of carbon as a black material unable to emit light. Their luminescence is accompanied by many additional benefits, such as low cost, ease of synthesis, high water solubility, biocompatibility, non-toxicity, high sensitivity to the external environment, and marked electron donating and accepting capabilities. This combination of properties allows for using CDs in a very broad range of applications, across many different fields ranging from optoelectronics to sensing. In fact, the potential of CDs is evident from the explosion of the number of studies, currently ranging in the thousands per year. From the practical point of view, the optical properties of CDs are somehow comparable, and often competitive, to fluorescent semiconductor

quantum dots (QDs). Compared to them, luminescent CDs are superior in terms of aqueous solubility, high resistance to photobleaching, low toxicity and good biocompatibility [3]. In addition, they do not usually show blinking effects [4], they display strong absorption in the blue and UV ranges, and their reported QYs are steadily increasing, due to the progressive improvement of the synthesis procedures.

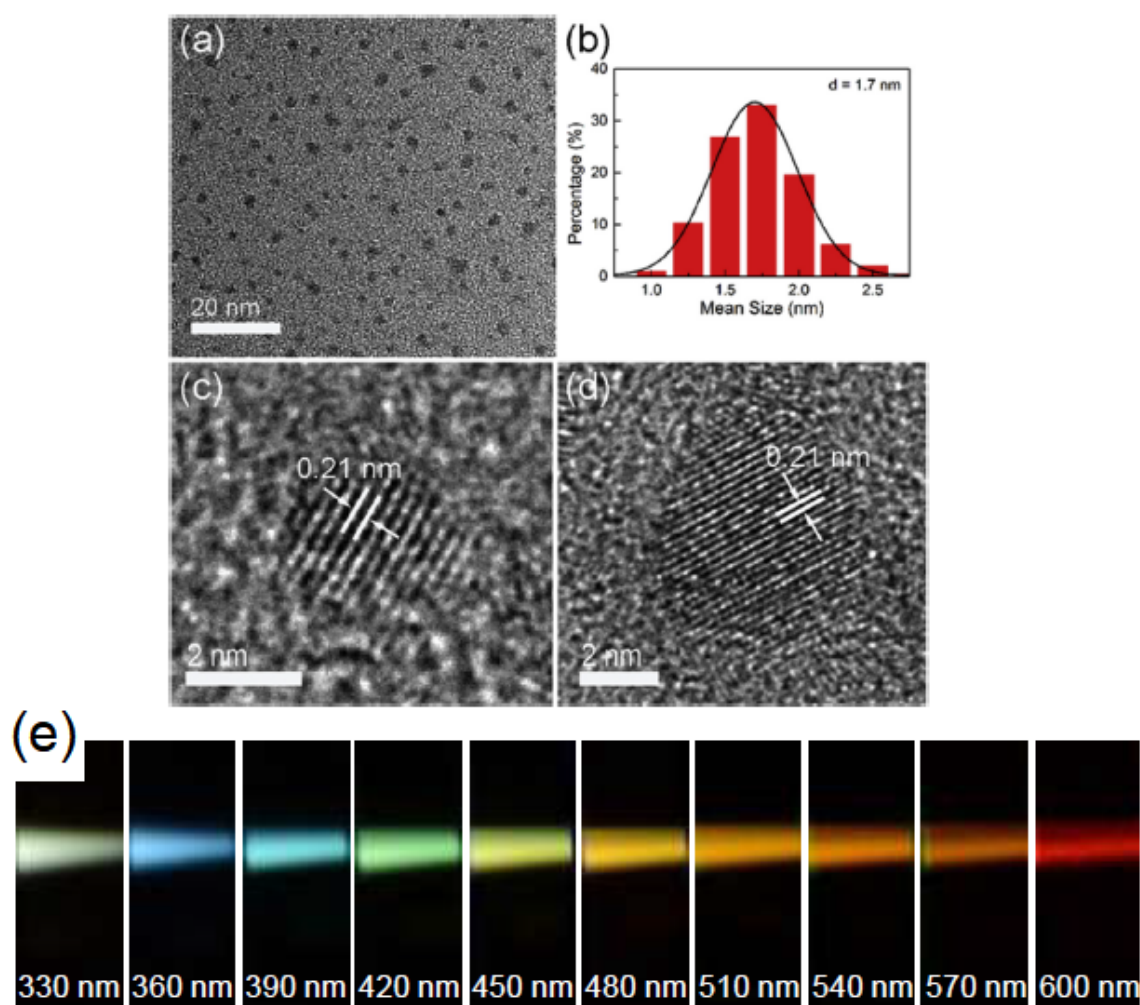


Figure 1. (a) transmission electron microscopy image of CDs; (b) size distribution of CDs; (c,d) examples of single crystalline CDs from (a). Reproduced with permission from [5]. Copyright Elsevier, 2016. (e) example of tunable fluorescence of CDs photographed during the photoexcitation at different wavelengths (indicated in figure). Reproduced with permission from [6]. Copyright John Wiley and Sons, 2015.

From a structural viewpoint, CDs are a relatively wide family of nanomaterials with a range of possible structures and variable optical properties. Their morphology is mostly quasi-spherical, and the structure can be graphitic [1], amorphous [7], or characterized by a C_3N_4 crystalline core [8–10]. Even graphene quantum dots (GQDs), which can be pictured as nanometer-size fragments of monolayer graphene [11], may probably be considered a special sub-type of CDs because they display very similar photophysics despite the two-dimensional morphology. In all the synthesis approaches, the surface of CDs is passivated (during or after synthesis) by external agents [12], forming a layer of functional groups or molecules which bind to the carbonaceous core. The passivation layer should be considered as an integral part of the structure and function of CDs, which, in particular cases, can be as thick as a few nanometers [13]. Thereby, depending on the specific surface structures, CDs can be

hydrophilic or hydrophobic [14,15]. As for the optical properties, different synthesis procedures yield subtypes of CDs capable of emitting fluorescence at different wavelengths. In fact, CDs can emit blue [16], green [1], or red light [17], and their fluorescence can be either independent of the excitation wavelength [18,19], or more commonly “tunable”, in the sense that the emission peak continuously shifts as a function of the excitation wavelength [20]. Their fluorescence intensity can be sensitive to one particular ion in solution [21,22], or it can respond to a variety of interactions with other systems, such as carbon nanotubes (CNTs) [7].

Overall, CDs exist in different sub-types with different core and surface structure, stoichiometry (C content ranges from 50% to 80%), and different specific optical characteristics. The main two characteristics which are truly recurrent in every type of CD are the small size (≈ 10 nm or less) and the surface functionalization layer, which is typically very dense and disordered [23]. Both of these features seem to be crucial to obtain CDs capable of visible photoluminescence with high emission efficiency. In particular, many studies have provided strong evidence that the passivating layer is mandatory for CDs to display a high luminescence, although the surface groups are not fluorescent by themselves.

Independently of the structural complexity, photoluminescence is certainly the most intriguing and, at the same time, the most unclear characteristic of these nanosystems. CD fluorescence is usually very strong [18,24–27], tunable [1,6,26,28–30], and sensitive to local environment: solvents [31,32], ions [22,33,34], pH [35], external agents such as carbon nanotubes (CNTs) [7,36]. Moreover, it usually occurs only when the nanoparticles are well dispersed. In fact, aggregation seems to turn off the emission [37,38]. Usually, electronic absorption of CDs covers both UV- and visible range. This allows to photo-excite CDs in a very broad spectral range, upon which one typically observes the tunability of the emission: the position of the emission peak changes with the excitation wavelength (Figure 1). This provides a multi-color emission spanning all the visible, although the absorption and the emission efficiencies usually decrease at longer wavelengths [39]. This emission is often characterized by a high quantum yield, which, however, strongly depends on the synthesis conditions. Many works demonstrate that this emission is very sensitive to the external environment and strongly responds to its changes [7,32,40–42]. For instance, CDs show a clear dependence of the emission band (peak and/or shape) on the solvent polarity (solvatochromic behaviour) [32,43]. In addition, CDs strongly respond to metal ions in solution. In fact, their fluorescence can be either quenched or enhanced in presence of metal cations (Hg^{2+} , Cu^{2+} , Fe^{3+} , Ag^+ , ...), the specific response being strongly dependent on the particular structure of CD. Some CDs are also sensitive to other agents in solution as CNTs [7] or various molecules [40–42].

Carbon dots research is still in a developing phase despite thousands of studies have already been published on the subject, and several scientific open questions exist about their optical behaviour, the fundamental nature of the electronic states, the key factors determining their bright fluorescence, and the relation between structure and emission. Therefore, a large effort is in progress to find the most effective ways to tailor CDs for specific applications. While several review papers have been already published on CDs [4,44–51] focusing on different aspects of the field, this work specifically focuses on the most fundamental aspects of the photophysics and photochemistry of CDs, currently the subject of a large debate. After a brief presentation (Section 2) of the main synthesis methods, structural properties, and applications of CDs, the core of this paper is contained in Section 3, which aims to summarize the current understanding of CD photophysics, from their fundamental emission features to their interactions with coupled systems.

2. State of the Art

2.1. Synthesis of CDs

Many different routes to produce CDs have been described in the literature. They can be classically categorized in two families: top-down and bottom-up approaches (Figure 2).

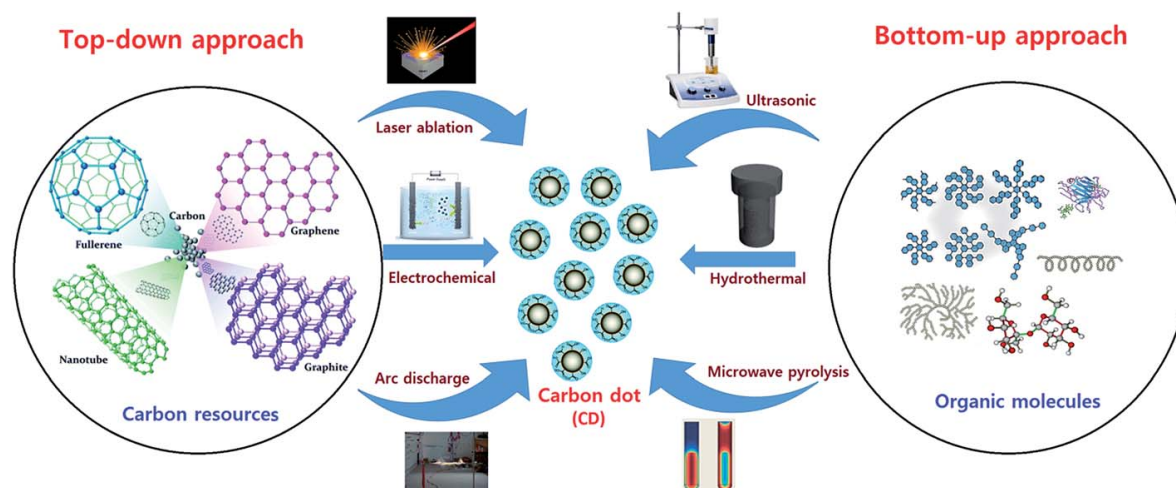


Figure 2. Representation of the possible synthesis methods to prepare carbon dots. Reproduced with permission from [52]. Copyright Royal Society of Chemistry, 2017.

Top-down methods involve the disruption of bulk carbon precursors or nanomaterials with higher dimensionality than CDs (considered zero-dimensional), such as graphite (bulk) or carbon nanotubes (1D material). Several methods can be used to transform these precursors into CDs (Figure 2), such as laser ablation [1], electrochemical synthesis [34], arc discharge [2], or chemical oxidation [23,28]. In general, the products from these types of synthesis are not immediately fluorescent. However, they can be typically transformed into highly fluorescent CDs by passivating their surface with various polar moieties after synthesis, as reported by many groups [1,28]. Bottom-up syntheses usually exploit the carbonization (more or less complete) of different molecular precursors, as citric acid [53] or sucrose [54]. The carbonization of these compounds, typically chosen for their low melting points, can be carried out at relatively low temperatures to produce CDs the characteristics of which strongly depend on the reaction conditions. Besides “pure” carbon-core CDs, mixing the carbon sources with other molecular precursors, as urea [8] and thiourea [55] can be used as a method to dope the structure of CDs with nitrogen, sulphur, or other heteroatoms.

One important benefit of top-down synthesis routes is that the obtained CDs typically have simple and well-defined structures (e.g., graphitic nanosphere) that leave no room for structural ambiguity [56]. In contrast, bottom-up methods can be much harder to control: various side products (e.g., small fluorescent molecules) can be formed along with CDs, hence the need for a careful purification after synthesis. However, bottom-up synthesis methods bear their own advantages. On one hand, they are particularly simple and surface passivation can be usually achieved in “one pot” without the need of post-synthesis chemical processing. In fact, the surface of as-synthesized CDs via the most popular bottom-up procedures, spontaneously achieves the appropriate structure needed for an intense fluorescence. In addition, while the structure of CDs obtained by top-down synthesis typically resembles the structure of the precursors (e.g., graphitic CDs from laser ablation or chemical oxidation of graphite [1,23,34,56]), bottom-up routes are more versatile and yield a much larger variety of CD structures (see Section 2.2), especially with combined with doping strategies. The following paragraphs provide several representative examples of some widespread CD preparation methods.

2.1.1. Laser Ablation

Laser ablation was the first method used to produce CDs in a controlled way [1]. It is a top-down method which is frequently used for the production of many different types of nanoparticles, through the interaction of a pulsed laser beam with the surface of a target (solid precursor) and the consequent ejection of materials in the form of nanoparticles [57]. It has long been known that the

ablation of a graphite target under certain conditions produces an aggregate of carbon nanoparticles [1,58]. Only after an acidic treatment of the surface and the following surface passivation by organic molecules, these carbon nanoparticles become bright luminescent and, therefore, can be described as “carbon dots” [1]. Later, many other works have been conducted on the synthesis of CDs via laser ablation routes, aiming to improve the control on the characteristics of the synthesized materials.

As is well-known for other nanomaterials [57], changing laser ablation parameters provides a way to control the CD characteristics. For example, Hu et al. [59] carried out a one-step synthesis of CDs from graphite flakes in polymer solution, and found that changing pulse duration from 0.3 ms to 1.5 ms of a 1064 nm laser beam allows to tailor CDs size from 3 nm to 13 nm. These CD sub-sets present different morphology and various core structures: while the smallest particles are single mono-crystals, larger CDs are composed by multiple crystalline grains, and show a quantum yield which decreases with increasing size. A passivation procedure is not needed after this synthesis procedure, suggesting that surface passivation probably occurs simultaneously to the formation of nanoparticles, caused by the interaction of the ablation plume with the polymeric solution. Varying pulse duration seems to change the conditions of the nucleation and growth process and, therefore, changes the size distribution. Other works demonstrated that also laser wavelength is a key parameter during the ablation of a target. In Ref. [60], the authors demonstrate that ablating graphite with a wavelength in the UV-range (355 nm) produces 5 nm-sized crystalline CDs without the formation of any aggregates, whereas the use of a beam at 532 nm or 1064 nm produces plenty of carbon aggregates. In addition, in this case, no post-synthesis functionalization is needed to obtain highly fluorescent CDs. In fact, the laser ablation is performed in acetone solution, wherein the laser interaction with the solvent probably induces the formation of radicals through the dissociation of solvent molecules, and their subsequent attachment to the surface of the nanoparticles, inducing their functionalization with ketone groups. Moreover, the authors studied the influence of the irradiation time and found a peak of emission efficiency after 150 s of ablation which decreases with longer times.

2.1.2. Electrochemical Synthesis

Electrochemical synthesis is a top-down method which exploits a redox reaction occurring in an electrochemical cell under the influence of an electric current applied between two electrodes (solids) separated by the electrolyte (liquid) [61]. The first electrochemical synthesis of CDs was described by Zhu et al. [16]. They demonstrated this novel method for the production of graphitic CDs with highly blue luminescence, where multi-walled carbon nanotubes (MWCNTs) were used as an electrode during the synthesis. The use of precursors with a graphitic structure turns out to produce prevalently graphitic CDs or GQDs, as confirmed by many later works [11,62,63]. An important step forward in the literature was the discover of the importance of an alkaline environment [62]. In fact, Li et al. demonstrated that using graphite rods as both the electrodes in an alkaline environment (NaOH/EtOH) allowed to produce graphitic CDs with bright emission, while the same experiment in acidic condition did not produce any fluorescent CDs. They suspected that the presence of OH[−] groups is the key factor for the formation and the oxidation of CDs surface which makes them luminescent, although the precise mechanism was not clarified. In addition, Shinde et al. [11] demonstrated the importance of the electrolyte showing that in an aqueous medium they were able to produce graphene nanoribbons from MWCNTs, while in non-aqueous media they obtained luminescent GQDs. Moreover, they were able to control the size of the product from 3 nm to 8 nm, tuning the time of the electrochemical synthesis from 15 h to 7 h. Another way to tune and control the diameter of CDs is to vary the applied potential [63]. In this respect, it seems that the higher the applied voltage, the smaller are the synthesized dots.

2.1.3. Thermal and Microwave Decomposition

Thermal and microwave decompositions are probably the most popular and widespread production methods of CDs in the literature. They are two similar bottom-up CD synthesis routes which exploit the partial carbonization of molecular precursors driven by thermal reactions, generally carried

out in liquid phase (hydrothermal or solvothermal synthesis) upon heating in an autoclave or by exposure to microwaves. The first thermal decomposition used for the production of CDs was reported by Bourlinos et al. [14]. They prepared two different amorphous CDs from two different precursors. One sample was hydrophilic and was obtained from the carbonization of 2-(2-aminoethoxy)-ethanol salt. The other was organophilic, as obtained from the carbonization of octadecyl ammonium citrate salt. Both the samples showed the typical emission characteristics of CDs, such as the fluorescence tunability. The first microwave pyrolysis was reported in 2009 by Zhu et al. [12], who successfully produced luminescent CDs by the carbonization of aqueous solution with different amounts of poly-(ethylene glycol) (PEG-200) and different saccharides (glucose, fructose etc). These dots are amorphous and display the typical fluorescence tunability, and the authors noticed that CDs are not luminescent if during the synthesis PEG-200 is not present. This result probably indicates that the role of PEG-200 is to passivate, during the synthesis, the surface of nanoparticles.

Since these two works, several more studies used these techniques to synthesize CDs because of many advantages with respect to top-down methods. In fact, these syntheses can be extremely low cost (some authors obtained CDs from raw materials as orange juice [64] or grass [20]), fast (few minutes), and generally do not need any further passivation, differently from most top-down routes. Furthermore, these syntheses allow for easily introducing external atoms which dope the system changing its structural and optical characteristics. In fact, bottom-up methods have allowed for obtaining the CDs with the highest emission efficiencies reported in the literature so far. The most common doping agent by far is nitrogen [6,8,9,21,53,65–69], sulphur [22,70–72], but also boron [73–76] and phosphorous [77,78] have been used. It seems, in fact, that the introduction of these doping agents substantially modifies the structure and increases the fluorescence quantum efficiency of the nanosystem, although the physical mechanisms behind this is still unclear, and recently very debated [8,9,68,79].

In particular, addition of nitrogen atoms seems to dramatically enhance the emission quantum yield. Indeed, N-doping even in low content has been supposed responsible of a new electron trapping surface state facilitating a high yield of radiative recombination [80,81]. However, the influence of nitrogen atoms on the emission remains poorly understood, since there are several possible sites of nitrogen in N-doped CDs, with variable influence on the electronic properties [82]. In addition, superficial organic moieties such as amide and amine [80,81] in some studies have demonstrated that nitrogen influences the electronic properties by taking part to the core structure in various ways [68,79]. Indeed, high levels of N-doping sometimes result in the formation of particular networks such as carbon nitride nanocrystals [8,83], which are difficult or impossible to obtain by top-down methods, and display especially interesting characteristics.

2.1.4. Purification and Separation Methods

One widespread problem in CDs nanoscience is the heterogeneity of most CD samples, in the sense that several synthesis routes tend to yield CDs with a large degree of structural heterogeneity, such as very broad size distributions, large dot-to-dot variations in surface structure, optical heterogeneity, or the contamination of the sample by small fluorescent molecules produced together with CDs. Therefore, aside a few exceptions [84], the use of a purification method is often crucial to achieve a full control on the size dispersion of the synthesized nanosystems, or select some sub-sets of CDs based on their size or their surface structure. In some cases, separation methods have been used simply to select the most fluorescent part of a CD sample, out of a heterogeneous distribution of fluorescent quantum yields [10,85], leading to some of the highest fluorescence quantum yields reported in the literature. Besides the practical requirement of obtaining a tightly-controlled CD sample, obtaining CDs with simple and well-defined optical features is also helpful in order to relate the emission mechanism to a specific structure.

The most common purification methods are dialysis [86,87] used to purificate a sample from small impurities, centrifugation [88], mostly used to remove any aggregates, size exclusion chromatography [10,89–91], and high performance liquid chromatography (HPLC) [25,92]. Size exclusion chromatography (SEC) has been used in many works to separate CDs by their size. In Ref. [89], the authors take advantage of this to obtain two fractions with different morphological and optical properties. In particular, they succeed in having two distinct CD samples which emit respectively in the green (the smaller) or in the blue (the bigger). In Ref. [10], SEC was used to produce a monodisperse sample with relatively narrow size distribution, a well-defined crystalline structure and exceptionally homogeneous optical properties. Arcudi et al. [90] used SEC in order to obtain a quasi-monodispersed samples, and, in Ref. [92], the authors used HPLC to obtain different fractions with different optical features which can be related to the size of the samples.

2.2. The Structure of CDs

Core and surface structures of CDs are quite synthesis-dependent, opening a great range of possibilities to design different types of CDs. In practice, CDs should be regarded as a relatively wide family of nanosystems, existing in several possible structural sub-types. While the core structure can be crystalline or amorphous, the surface shell which envelops the core can host different polar or apolar groups, ranging from small functional groups to long atomic chains. In the attempt to rationalize this variability, some authors tried to classify existing CDs in various sub-types [3]. Although no universal classification is currently accepted in the literature, we propose in (Figure 3) a classification of the most relevant types of CDs, based on their different core structures and morphologies.

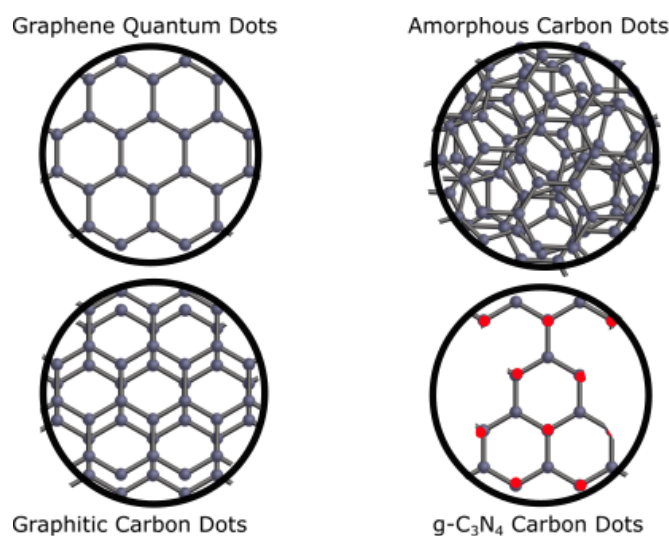


Figure 3. Schematic representation of commonly reported CD structures. Black and red dots represent Carbon and Nitrogen atoms, respectively.

Spherical-shaped graphitic CDs are probably the most common in the literature [1,23,36,53,59,90,91,93–95], although it is worth noting that clear proof of a graphitic mono-crystalline structure of CDs via a thorough high-resolution transmission electron microscopy (HRTEM) study was achieved only by a few works [5,68,95]. As in graphite, the core of these dots is composed by layers of sp^2 -hybridized carbon stacked on top of each other, where the lateral dimension of the layers is limited by the overall dot diameter, typically of a few nanometers. The crystalline nature of the core is usually confirmed by the use of different structural techniques, such as high resolution transmission microscopy, X-ray diffraction (XRD), and Raman spectroscopy, as reported in Figure 4 where the graphitic core is visualized by HRTEM measurements.

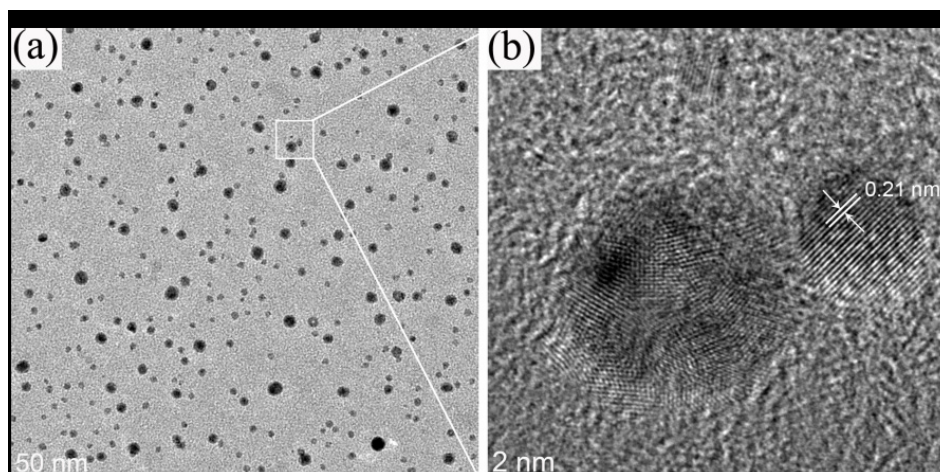


Figure 4. Transmission electron microscopy (a) and high-resolution transmission electron microscopy image (b) of CDs with graphitic core structure; the average lattice spacing of these CDs is 0.21 nm which is compatible with the (100) planes of graphite. Reproduced from [96] under the Creative Commons Attribution Licence (CC BY 4.0).

HRTEM usually needs to be combined with atomic force microscopy (AFM) to have full information not only on the crystalline core structure but also on the three-dimensional morphology, allowing in particular to discriminate graphitic CDs from GQDs [11,92,97]. The latter are not spherical particles but are small disks made by 1–3 layers of graphene stacked on each other. However, their optical characteristics are typically very similar to spherical CDs, and their fundamental understanding is equally unsatisfactory. In fact, the extent to which GQDs should be considered as a truly different system from CDs is still debated.

Going back to CDs, those with crystalline cores are not limited to a graphitic structure. In fact, other possible structures were reported for CDs synthesized in special conditions, particularly at high levels of N doping, where several groups reported CDs with carbon nitride structures, either in a graphitic- or β - crystalline arrangement ($g\text{-C}_3\text{N}_4$ or $\beta\text{-C}_3\text{N}_4$) [8,10,33,83]. Recent studies have demonstrated that the carbon nitride core structure appears when the amount of nitrogen dopants overcomes a defined threshold, above which the core structure is forced to diverge from its graphitic nature [68]. Notably, the two variants of carbon nitride CDs described in the literature are very different from each other: $g\text{-C}_3\text{N}_4$ is a layered material similar to graphite, in which each layer consists in the repetition of a structural motif consisting in three hexagonal rings where carbon and nitrogen atoms in sp^2 hybridization are alternated (Figure 3). In contrast, $\beta\text{-C}_3\text{N}_4$ is an hexagonal network of tetrahedral bonded (sp^3) C atoms connected to trigonal sp^2 nitrogen atoms. Despite being a $sp^3\text{-C}$ material, the emission properties of $\beta\text{-C}_3\text{N}_4$ dots are consistent with all the other types of CDs, showing the typically broad and tunable emission. In particular, $\beta\text{-C}_3\text{N}_4$ dots are very different from nanodiamonds [98], which have almost pure $sp^3\text{-C}$ cores, very large (>5 eV) electronic bandgaps, and emit a characteristically narrow luminescence due to various point defects.

In addition, for the crystalline varieties, it is also possible to find many examples of amorphous CDs [7,14,20,64,99–101], which contain a mixture of sp^2 and sp^3 hybridized carbon, in variable proportions, and without any long periodicity in the core. Except for the core structure, however, they apparently exhibit rather similar characteristics with respect to crystalline dots, such as high fluorescence. Among the amorphous varieties, another possible core structure has been recently proposed for some CDs synthesized by bottom-up procedures. This core structure involves the aggregation of small molecules which are formed usually during the carbonization of citric acid (a very popular precursor for CDs) [102,103], and kept together in a quasi-spherical shape by comparatively weak interactions, like $\pi - \pi$, H-bonds, Van der Waals.

Until now, only a core classification was presented. In addition, the surface of the dots can be very variable and hosts a variety of functional groups, mostly identified by infrared absorption (IR), X-ray photoelectron spectroscopy (XPS) and thermal gravimetric analysis (TGA). Generally speaking, the surface functional groups establish if the sample is hydrophilic or hydrophobic [14,104]. Hydrophilic CDs are much more common, and usually display very polyfunctional and disordered surface structures, characterized by an abundance of small polar groups, such as Hydroxyl, Carboxyl, Carboxylate, Amine, and Amide. Besides “standard” polar groups, some authors passivated the surface with more complex molecules, as polyethylene glycol (PEG), or polyethyleneimine (a long chain molecule which contains primary, secondary and tertiary amine groups), still obtaining highly fluorescent CDs [29,35,99,105]. The high water solubility (typically several g/L) of most CDs is a characteristic, which is very useful for many applications.

As already mentioned, it is widely accepted that the presence of a proper surface passivation is mandatory to have bright fluorescence from CDs. In fact, deliberate chemical passivation of the surface is often necessary after the synthesis (especially through top-down routes) in order to obtain highly fluorescent CDs [1,36,93,94,106]. Based on the major influence of the surface passivation on the fluorescence, and considering that both amorphous and crystalline dots display a similar optical phenomenology, it may seem that the core has a negligible influence on the emission mechanism and that only the surface plays a key role in the emission. Despite of this, some authors [107,108] provided evidence that the core can be as fundamental in the photocycle of CDs as the surface. These issues will be discussed in more detail in Section 3.

2.3. Applications

Because of their unique blend of properties, CDs are very promising for many applications. They offer the perspective of a C-based equivalent of optically-active quantum dots (QDs) with the additional benefits of C-based materials, as the absence of toxic elements (typically heavy metal atoms) which limit, in particular, the use of QDs in bio-oriented applications. The bright emission of CDs, combined with the marked electron-donor capability can be exploited for instance in optoelectronic devices [45,105,109–111]. The sensitivity of the emission to metal ions in solution can be exploited to create nanosensors capable of recognizing different cations [26,112–117]. Their non-toxicity is a key advantage to perform *in vivo* [118–122] and *in vitro* [41,67,113,123–125] bioimaging experiments and drug delivery experiments [126]. Indeed, the range of applications of CDs is surprisingly wide: for example, antiviral [127,128] and antibacterial [129] properties of CDs were recently discovered, and CDs were even used as nanoweapons against mosquitos [130], or as a component of fluorescent inks [53,89]. So far, the majority of CDs-based devices have been developed and tested just in a laboratory environment. However, their commercial and industrial exploitation should not be too far away. The next paragraphs illustrate the technological versatility of CDs through a selection of different possible applications.

2.3.1. Nanosensing Applications

In the literature, nanosensors based on CDs were developed by two different strategies: (i) the nanosensors simply consisted of “pure” CDs, as-synthesized or passivated through specific target groups; and (ii) the functional sensing material was a nano-composite fabricating by coupling CDs with other nano- or micro-materials.

The use of CDs as “raw” sensors is quite common in the literature [131]. Differently prepared CDs can be applied to detect various metal cations as Hg^{2+} , Cu^{2+} , Fe^{3+} [23,26,112–115,132], or small molecules or macromolecules in solution, even in a biological context [122,133–137]. Typically, when CDs are dissolved in a solution with a specific analyte, their luminescence is quenched (decreases), allowing to detect the analyte with high sensitivity and, often, high selectivity, as obtained by a proper engineering of the surface functional groups, interacting only with a given type of metal cation. The detection sensitivity can be very high and the minimum concentration of detectable ions can be

as low as femtomolar [138]. However, the fundamental causes of quenching are very debated and may involve different fundamental interactions, such as a charge transfer from the dot to the ions, which hinders radiative recombination [139], or an energy transfer from the dots to the acceptor, quenching the emission of CDs and enhancing the emission of the latter [140,141]. Because of such a poor understanding, the engineering of these applications still proceeds mostly through trial-and-error routes. Only in recent times, the use of the appropriate advanced methods, such as femtosecond spectroscopy is beginning to shed light on the fundamental mechanisms behind these interactions of CDs, as will be discussed in more detail in Section 3.4.

As compared to metal cations or small neutral molecules, it is less common to find in the literature examples where CDs are used to detect anions [142] probably because CDs surfaces are usually negatively charged [143,144]. The few existent articles describe the indirect detection of negative ions as PO_4^{3-} , or S^{2-} , or SCN^- through the combination of CDs and a cation [116,117,145]. CD emission, quenched by the cation, is recovered by the presence of anions which inhibits the quenching effect of the cations. This strategy is sometimes used in the second type of nanosensors. In some works, the authors proposed CD-based nanosensors where CDs are coupled to molecules [140,146] like rhodamine, or to nanomaterials such as gold nanoparticles [145], or metal organic frameworks [141,147–149]. The sensing occurs both by emission quenching or emission enhancing as a result of the detachment, for instance, of the nanoparticle from the surface of the dot induced by the presence of the analyte.

CDs are also used in, so-called, ratiometric sensors. Taking advantage of the simultaneous presence of two emission bands peaked at different wavelengths (referred to as dual emission), displayed by some CDs, one can use the variation of their intensity ratio as the physical observable to infer the amount and the type of the analyte [150,151]. Indeed, in the same sample, different interactions with the analyte can affect the chromophores responsible of the two bands. Therefore, the analyte can quench them at different rates, causing a change of their intensity ratio.

2.3.2. Biological and Nanomedical Applications

To be safely applied in bioimaging, biosensing and nanomedicine, biological effects of a nanomaterial should be extensively investigated. Traditional QDs, such as CdTe, have been used in various optical bioimaging experiments. Considering that QDs often contain toxic heavy metals, their application has to be well-controlled because of toxicity and environmental problems. Due to the bright photoluminescence and low toxicity, CDs are an attractive candidate for bioimaging applications. Indeed, cytotoxicity studies in vivo (on zebrafish [121]) and in vitro [119,120] generally show that CDs are not toxic. For instance, Kang et al. [121] demonstrated that the introduction of CDs into zebrafish embryos and larvae does not influence their development. Furthermore, they established the possible use of CDs as fluorescent bioimaging agents in living systems.

Other studies revealed further benefits of CDs for these applications. For instance, Shereema et al. [123] demonstrated their antiangiogenic effect on vessels by finding a significant reduction in the proliferation of tumoral membranes after a treatment with CDs. This gave the basis for using CDs in the field of cancer therapy. Besides medical applications as anticancer or cancer targeting [120], CDs can be used as photo-activated [127] or not [128] antiviral agents, and photo-activated antibacterial [129] agents. For instance, they were used to reduce the entry of hepatitis C viruses into monkey kidney cancer cells and human lung cancer cells physically blocking the passage of the virus [128].

Furthermore, the versatility and ease of functionalization of CDs, combined with their bright fluorescence, allows for using them as highly multifunctional nanotools in a biological context. A good example of this combined advantages is reported in Ref. [125] where CDs are decorated with a mitochondria targeting ligand and functionalized with a photoresponsive NO-releasing ligand. This system recognizes cancerous cells, wherein it attaches to the mitochondria and, then, upon irradiation, it is able to release for a long time nitric oxide, which is known to be a good therapeutic agent.

2.3.3. Optoelectronic Devices

CDs are also promising for use in optoelectronics devices, thanks to their strong absorption, intense and tunable emission, but also to their electron donating and/or accepting character. Many authors employed CDs in the construction of light emitting diodes (LED), wherein CDs can be used in two different ways: as fluorescent downconverters [111], or as the active layer in an electroluminescent device [105]. The former is founded on the capacity of CDs to be photoexcited by UV and blue light and the following visible emission and exploits the tunability of the emission and the high quantum yield in order to obtain white LED. The latter design takes advantage of the electroluminescence from a CD layer, using CDs as an emitting layer in a multilayered structure after the external injection of charges. Besides LEDs, lasers represent another possible light-emitting device that can be built from CDs. After the first pioneering demonstrations of CD-based lasers [152,153], the performance of such devices is recently growing, thanks to the advancements in CD synthesis methods [10,18,154].

Last but not least, another important use of CDs is in solar cells [109,110,155]. In fact, it is well known that CDs display a long tail of strong visible absorption, very convenient to harvest solar light. Combining this with the high capability to accept or donate an electron from the photo-excited state, they become an excellent candidate to be used as sensitizer in solar cells, the photocathode of which can be built, for instance, by sensitizing TiO_2 with CDs [110]. Furthermore, it seems that using a CDs film as an intermediate layer in a solar cell can be helpful to speed up the electron transport between other materials, for example from a perovskite layer to titanium dioxide [109].

2.3.4. Photocatalysis

A photocatalyst is a substance which, upon photo-excitation, becomes capable of speeding up a chemical process. CDs have been proposed several times as active materials in photocatalytic applications [156]. Their absorption and electron transfer properties, and the ease of coupling to other materials as TiO_2 [157], Fe_2O_3 [158] or SiO_2 [62] are particularly beneficial for these applications. In general, CDs are employed in two different ways, as pictured in Figure 5 [157]. On one hand, they are used as a photo-sensitizers: after absorption of light, CDs transfer a photo-generated electron to a coupled semiconductor which otherwise would only absorb in the UV (Figure 5b). In this way, the catalytic action of the composite is extended throughout the visible range. On the other hand, they can be used as acceptor of charge carriers from the photoexcited semiconductor, in order to slow down or suppress the recombination of electrons and holes (Figure 5a), thus increasing the possibility of chemical reactions and enhancing photocatalytic properties.

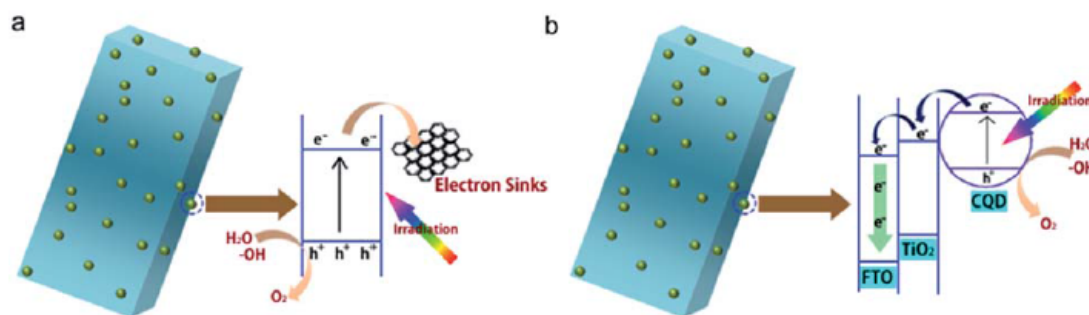


Figure 5. Possible uses of CDs (yellow spheres) in a photocatalytic application: (a) as electron acceptor (electron sink) from the semiconductor surface (blue block) increasing the photocatalytic activity of the semiconductor; (b) as electron donor creating a cascade of electrons from CDs lowest unoccupied molecular orbital (LUMO) to semiconductors. Reproduced with permission from [157]. Copyright Royal Society of Chemistry, 2014.

Although most of the photocatalytic applications of CDs are based on CD-semiconductor composites, some works reported photocatalysis of “raw” or simply-functionalized CDs, such as water splitting or CO₂ conversion [159]. Cao et al. functionalized CDs with a shell of gold or platinum and used them to harvest visible photons, followed by charge separation on the particle surface in order to drive the photocatalytic process for the reduction of CO₂, or for the photo-production of H₂ molecules from water splitting. Mehta et al. [160] succeeded in fabricating the “opposite” nano-devices, consisting in a gold nanoparticle functionalized with a surface nanometric layer structurally equivalent to a CD. The authors took advantage of the surface plasmon resonance of gold nanoparticles to enhance the photoexcitation of the composites, ultimately resulting in the production of hydrogen through the splitting of water molecules.

3. The Photophysics of CDs

The bright fluorescence displayed by CDs is uncommon in other carbon-based nanomaterials. CDs emission bands are always very broad: their full width at half maximum (FWHM) is ≈ 50 – 100 nm, and usually combined with a structureless electronic absorption spectrum which slowly decreases at long wavelengths [39]. Sharper bands are sometimes superimposed to this broad absorption, and they are usually associated with surface groups, such as the $n \rightarrow \pi^*$ transitions associated with the non-bonding orbitals of carboxylic groups. The variability of CDs synthesis routes and structures complicates the clarification of the emission mechanism. In this respect, an important goal in the field would be disentangling the contribution of quantum effects, surface states, or molecular-like states to the emission mechanisms, and tracing them back to the core and surface structures of different CDs.

The small size of these nanosystems may suggest the emission mechanism to involve some form of quantum confinement effect. On the other hand, the role of passivation and the sensitivity to external agents point to a fundamental role of the surface states [1]. To complicate the matter, recent experimental evidence has strongly suggested that the emission of some CD sub-types is actually related to molecular fluorophores, either free or adsorbed on the surface of the dots [88,161], rather than to the nanoparticles themselves.

This section is organized as follows: Section 3.1 reviews the various proposed models to explain CD emission and the open debate in the literature. In Section 3.2, we discuss the interpretations to explain fluorescence tunability, one of the most characteristic features of CD fluorescence. Section 3.3 deals with the interaction of CDs with various coupled systems, such as metal ions, which are particularly important for photocatalytic and sensing applications. Finally, Section 3.4 specifically covers the existing work conducted on CDs through femtosecond spectroscopies, a family of methods which have been allowing to make several steps forward in the understanding of CD photophysics.

3.1. Emission Mechanisms

A common and well-understood phenomenon typical of semiconductor QDs [162], such as CdSe or PbSe, is the quantum confinement effect: if the crystal size is reduced below the exciton Bohr radius, the optical and electronic properties become size-dependent. The most peculiar manifestations are the increase of the band gap, the progressive transition from a continuous to a sparse density of states, and various important changes of the photoexcited relaxation dynamics [163,164].

As for carbon nanomaterials, one may begin with considering an ideal, infinite sheet of graphene, that is a perfect π -conjugated carbon monolayer without electronic bandgap, which cannot be emissive unless suitable modifications are carried out. Indeed, graphene can be made emissive by introducing luminescent structural defects, as commonly observed in functionalized CNTs and nanodiamonds [98,165]. However, another possible strategy is cutting graphene sheets into small pieces, in order to enter the quantum confinement regime [165] and increase the fundamental energy gap. In fact, many theoretical simulations carried out on GQDs show that the emission peak depends on the number of graphene-like rings or, in other words, on the size of sp^2 domains [166–170], leading these authors to attribute GQD emission to a quantum confinement effect. This type of

emission, involving band-to-band transitions, is often called intrinsic emission, many authors referring to the states involved in these transitions as intrinsic states.

Considering now the more general case of CDs, characterized by a quasi-spherical shape and graphitic structure, and taking into account their very small sizes, one can hypothesize that their emission originates from a similar, quantum confinement effect. Thereby, the emissive chromophore would be the nanometric-sized, conjugated sp^2 -domain constituting (or contained in) the CD core. Such an interpretation was endorsed by several works in the literature [62,166,169,171], and qualitatively agrees with the fact that carbonaceous nanoparticles only become “carbon dots”, i.e., highly fluorescence, after they are reduced to very small sizes. Indeed, in some works, the authors controlled the size of CDs during the synthesis [166,171] or after it by fractionation procedures [62], and recorded an emission which displays a regular size-dependence. Typically, these works reported that the smallest CDs display the bluest emission, as expected in a quantum confinement regime. For instance, Li et al. [62] reported an optical study of four CD fractions sized from 1 nm to 4 nm, and found an emission which blueshifts with the reduction of the size (Figure 6). However, several problems exist with this interpretation. If quantum confinement affects the whole graphitic core, it should only apply to ultra-small sized CDs because the bandgap of π -domains with a diameter of 2 nm is already too small (1 eV) to emit visible light [172]. Furthermore, other works have demonstrated for CDs a red-shift of the electronic transition energy with decreasing size, which is exactly opposite to what would be expected from quantum confinement [89,173].

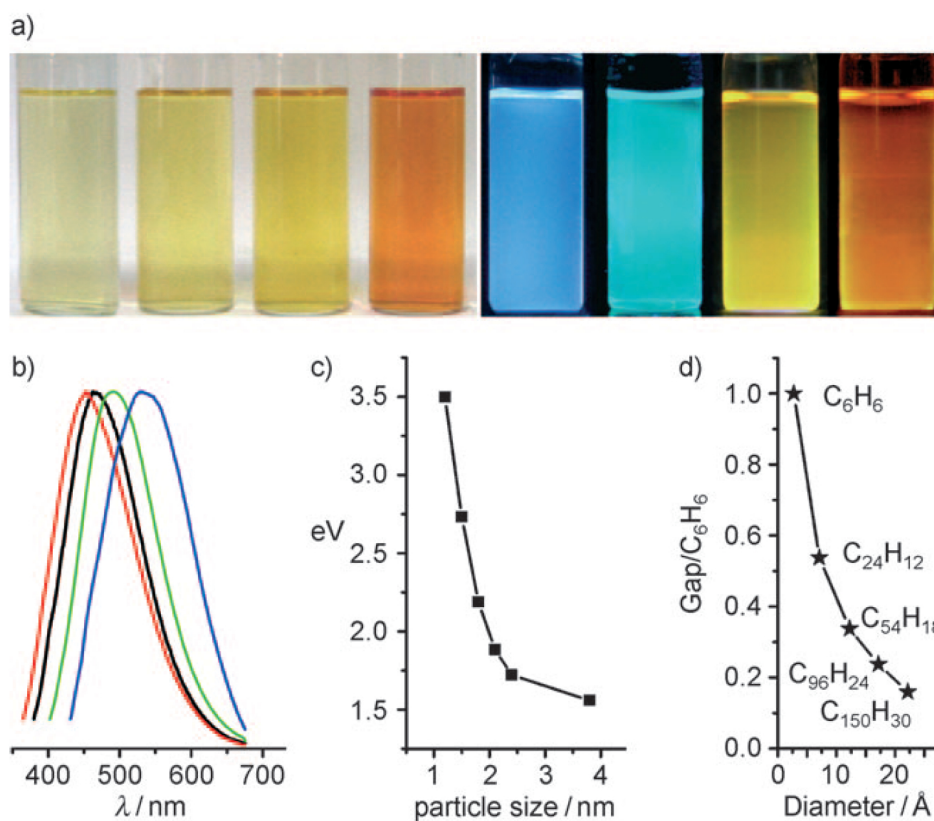


Figure 6. (a) solutions of CDs with different sizes under daylight (left) and UV light (right; 365 nm); (b) emission spectra of different fractions: the red, black, green, and blue lines are the emission spectra for blue-, green-, yellow-, and red-emitting CDs appearing in panel (a), respectively. (c) CDs size vs. the emission peak; (d) Electronic gap dependence on the size of the graphite fragments, as obtained by quantum chemical calculations. Reproduced with permission from [62]. Copyright John Wiley and Sons, 2010.

Therefore, it is widely believed that CD optical properties cannot be simply explained by the transitions between intrinsic states. In contrast, the emission of many CDs seems overwhelmingly influenced by extrinsic contributions mostly related to the surface: emission from surface defects, surface charge traps [1,174], or surface molecular-like states [166]. Indeed, there is a lot of experimental evidence that supports the idea of an emission which involves the surface. For instance, an appropriate passivation procedure is crucial to obtain highly fluorescent CDs [56], and CD fluorescence strongly depends on pH [31,175] and solvents [32,43]. More generally, the chemical characteristics of the surface, as, for example, the degree of oxidation, seem to have a dramatic influence on the emission quantum yield [176,177]. These surface treatments probably change the number of surface emissive traps, their emission efficiency and stability, and the alignment of the energy levels with respect to the energy gap, influencing the emission peak and the quantum yield.

The involvement of intrinsic and extrinsic states in the optical response of CDs are not mutually exclusive, and the interaction between the two is a difficult problem. In fact, it seems very likely that the nature of this interplay is highly structure- and synthesis-dependent.

On one hand, some authors simply proposed that the emissive surface states are completely independent of the crystalline structure of the core [14]. However, it has been impossible to precisely relate these chromophores to any specific functional group on CD surfaces. In fact, the situation could be more complex: a recent study systematically compared the optical properties of CDs with different surface functionalization, and provided evidence that the emissive states are highly delocalized on the disordered surface shell, thus involving simultaneously a large number of functional groups [23].

On the other hand, depending on the structure of the dots, various possible forms of interplay between core and surface states have been proposed. Wang et al. [178] tried to disentangle the role of the core and the surface investigating three samples with a different degree of crystallization of the core and similar emission characteristics. By ultrafast spectroscopy (see Section 3.4 for more details), they demonstrated that the excited-state behavior is the same in all the samples, but the quantum yield depends on the degree of crystallization. In particular, according to their model, the core is initially photoexcited and an exciton is created, which is later transferred to the surface and the charges are separated on surface traps. Finally, recombination of the trapped charges produces the emission. In another work on QDs, Zhu et al. [166] compared the spectroscopic properties of four samples with different sizes, finding that the intrinsic state depends on the size but the optical properties are conditioned by the edge states because the emission depends on the alignment between the latter and the intrinsic state. When a system is photoexcited, the intrinsic states are populated, and if the edge states are intra-gap states, they are populated from the intrinsic states and therefore the emission originates from the radiative recombination from the edge states to the ground state; on the contrary, if the energy separation between the edge states and the ground states is higher than the band gap, they are not involved in the emission, which comes from band-to-band recombination (Figure 7).

Broadly speaking, a widespread model used to describe CD optical properties is that of a core-to-surface migration of the excitation. According to this idea, the core of CDs behaves as the optical antenna responsible of initial photon absorption. Then, spontaneous charge separation occurs and electron and holes are trapped on surface states. Finally, the fluorescence stems from a radiative recombination of these charges, released from the surface traps. This interpretation of CD optical transitions was born together with CDs [1], and later endorsed by many other authors [54,107,108,166,179], but finding convincing experimental evidence of these ideas has been difficult.

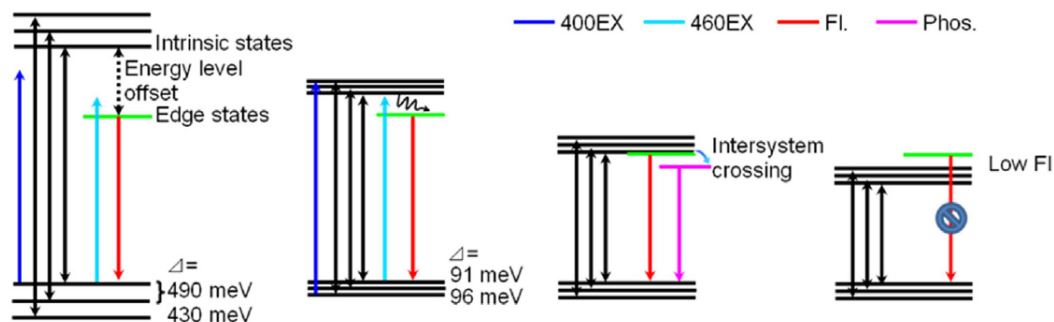


Figure 7. The electronic level structures of CDs of different sizes, as proposed in [166]. The intrinsic state depends on size, hence the energy level offset with the edge state, which ultimately decides the optical properties. Certain alignments between states also open a possibility for intersystem crossing and subsequent long-lived triplet emission. The latter, however, is very difficult to observe experimentally in most CDs. Reproduced with permission from [166]. Copyright Elsevier, 2014.

Another contrasting model recently proposed in the literature is based on the idea of an optical charge transfer transition, in which a surface-localized exciton is directly formed at the time of photon absorption [43]. In this model, supported by solvatochromic, time-resolved and single-molecule fluorescence studies, an electron transfer from core states to surface traps already occurs at the stage of photo-excitation, and the fluorescence is due to the inverse recombination transition. The spectroscopical fingerprints of the CDs that adhere to this mechanism seem to be a well-defined charge transfer band observed in the electronic absorption spectra, and a single-exponential fluorescence decay [43], both in striking contrast with the broad, unstructured optical absorption and multi-exponential decays observed for most CDs [39,180,181].

More recently, the emission of CDs produced by some specific (and very popular) bottom-up methods has been the subject of a particularly lively debate. Several authors proposed that the blue emission of these types of CDs is actually due to simple, small fluorescent organic molecules attached to CD surfaces or bound to the π -conjugated core, rather than to the dot itself [182,183], while other works attributed the emission of some types of dual-emitting dots to aggregates of several molecular chromophores [19,184], and some even claimed a role of free molecules diffusing in solution [185]. Indeed, it has been established that some bottom-up syntheses of CDs can produce small fluorescent molecular derivatives, formed alongside with the carbonization process, both if the synthesis is carried out in water [183] or in an organic solvent [15]. In particular, the production of CDs from the decomposition of citric acid and a N-containing precursor lead to the formation of 2-pyridone derivatives [91,182], such as citrazinic acid [102,183,184], and the relative yield of the molecular byproducts and CD cores changes in favour of the latter at higher synthesis temperatures [161,186,187].

There is a lot of evidence supporting these ideas, as the similarity of the blue emission of citrazinic acid at 420–440 nm to the blue fluorescence of many CDs obtained from citric acid [88,188], theoretical simulations [103,183], and the lack of tunability of the emission band of these CDs, in striking contrast with the behaviour of CD fluorescence excited at lower energies, which is strongly tunable [161].

Unfortunately, the emission due to the molecular chromophores and the one associated with the dot itself can be very hard to discriminate. Song et al. [161] produced a sample with a blue optical activity independent of excitation wavelength and another emission band which is tunable. They investigated these two activities and suggested that their origin is different: the tunable emission is associated with electronic transitions which involve the core, while the non-tunable one is related to the presence of small molecules in solution. In particular, these molecules are supposed to exist in two forms: free in solution or attached to dot surfaces. Schneider et al. [88] found that the blue emission of CDs peaking at 430 nm decays with a bi-exponential kinetics, leading to hypothesize the

presence of two forms of the same chromophore: one attached to the dot, and the other free in solution. Wang et al. [183] investigated the effect of UV-photobleaching on CDs. They combined experimental studies on CDs and on citrazinic acid with theoretical simulations and proposed a model in which the chromophore is a molecule of citrazinic acid attached to the surface of the dot.

Last but not least, another recently proposed model for the origin of CDs emission pictures the dots as excitonic H-aggregates composed by molecular chromophores stacked on each other [189]. The result of this stacking is the splitting of the excited energy level of the single chromophore, leading to the large Stokes shift typical of CDs. However, this mechanism guarantees exciton delocalization over the entire particle which behaves as a single emissive dot, thus overcoming the idea of a “molecular” chromophore localized on the CD surface.

Notwithstanding the several studies on the emission mechanisms of CDs, no unique model exists yet to explain its origin. The debate is still open and, probably, it is complicated by the variability of CDs, which not only affects CDs obtained by different synthesis procedures, but is also testified, even more dramatically, by the heterogeneity exhibited by the majority of CD samples.

3.2. Origin of Emission Tunability

One of the most intriguing characteristics of CDs is the tunability of their emission: the fluorescence peak of a typical CD shifts continuously when changing the excitation wavelength (Figure 1). Its origin is very debated in the literature and still lacks a clear explanation. Many authors attribute this tunability to a certain degree of inhomogeneity which typically affects CD samples, caused by the difficulty of tightly controlling the structural characteristics of the product obtained through most synthesis routes. Accordingly, CDs which display an emission independent of the excitation wavelength are considered quite homogeneous [10,18,190].

Indeed, such a tunable, multi-colour emission can be very useful in many applications as mentioned in Section 2.3, but notwithstanding its benefits, the inhomogeneity of the sample hides spectroscopic information which might be very useful to understand the photophysics of the system and to rationally tailor CDs to specific applications.

At the spectroscopic level, the large inhomogeneity of most CD samples is pointed out by many experimental pieces of evidence, such as: broad unstructured absorption or emission bands, non-exponential kinetic traces in fluorescence decay [180], and differences between ensemble and single-molecule experimental results [191]. Its structural origin has been related to several factors as a chemical variability of CDs surface structure or charge from dot to dot [106,192], broad distribution of the size or shape irregularity [62,92,170], variability of the density of emitting states on different dots [89], or presence of different types of CD aggregates in solution [193].

Therefore, the problem is twofold. On one hand, synthesis procedures of CDs are still unable to produce CDs with sufficiently homogeneous structural characteristics, such as narrow, monodisperse size distributions. On the other hand, the origin of CD fluorescence still being debated a lot, more systematic and focused studies are needed to precisely pinpoint the structural parameters which need to be controlled in order to obtain CDs displaying spectroscopically homogeneous optical features. However, the existing attempts to address these problems have produced very contrasting results, as explained hereafter. Therefore, explaining and controlling CD fluorescence tunability remains one of the most debated problems in the literature.

Unfortunately, it is not easy to unravel the knot of heterogeneity with standard optical measurements at the ensemble level. Therefore, a few works have tried to approach the problem by using two alternative ways: a single-molecule investigation [43,189,191,192,194], and fractionation experiments [25,106].

Fractionation allows for isolating the characteristics (optical, structural and morphological) of a sub-type of CDs, selected out of a sample according to one physical property (size, surface charge, etc). This should allow for correlating specific structural parameters to the optical properties, and possibly allow to isolate sub-types of monodisperse CDs. Differently, single-molecule experiments can be seen

as a *random fractionation* down to the level of single dots, or aggregates of a few dots. These experiments aim to answer to important questions, such as whether the tunability is still preserved at the single dot level or, in contrast, every dot acts as a single non-tunable emitter, or if the fluorescence decay kinetics observed in the overall CD ensemble is the same with respect to the single nanoparticle.

The very few existing experiments on single CDs revealed much information related to emission and to tunability. Dispersing an extremely diluted solution on a substrate allows for collecting the emission from individual dots (or small aggregates composed by few dots). Usually, single dots display narrower emission spectra than the ensemble measurements (refs. [43,191] and Figure 8a) pointing out the inhomogeneous width of ensemble emission bands, which are probably due to the superposition of the emission of individual dots, the peaks of which strongly fluctuate from dot to dot. Furthermore, Ghosh et al. [191] demonstrate the disappearance of the tunability at single dot level, as in Figure 8b, which suggests that a single dot acts as a *single quantum emitter*, with its particular energy gap. Therefore, spectral heterogeneity would only appear at an ensemble level due to the superposition of the spectral characteristics of several CDs [189,191].

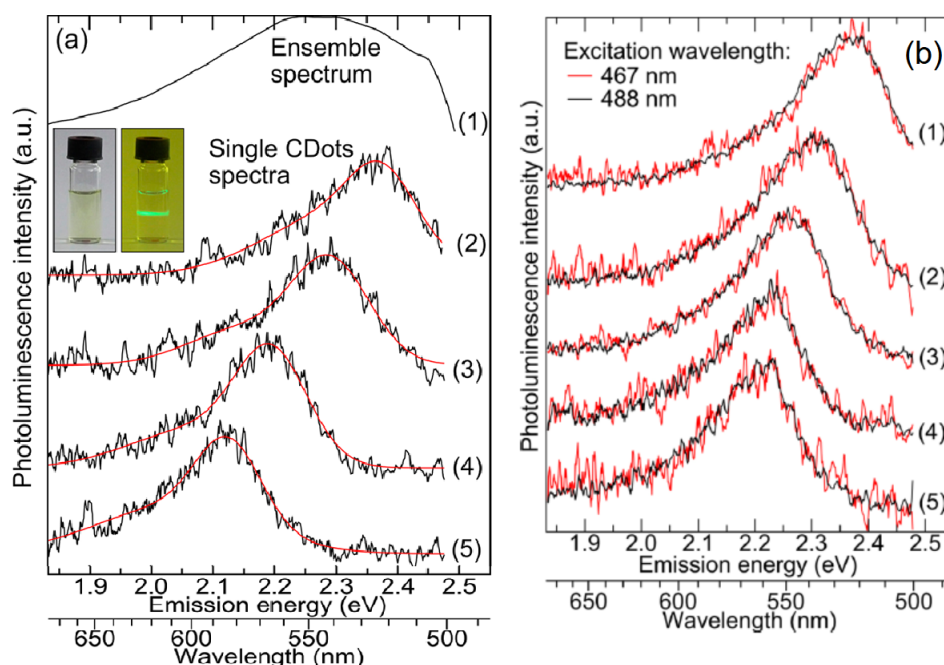


Figure 8. (a) (1): Ensemble emission spectrum excited at 488 nm; (2)–(5): emission spectra from individual dots excited at 488 nm; (b) (1)–(5) emission spectra from individual dots excited at 467 nm (red curves) and at 488 nm (black curves). Reproduced with permission from [191]. Copyright American Chemical Society, 2014.

In the same work, the multi-exponential decay of emission is also not observed in single dots, suggesting that also the multi-exponential decay is a fingerprint of heterogeneity, arising from dot-to-dot differences in excited-state lifetimes [191].

However, these results were disputed by other works. In fact, other papers reported that the tunability is observed even at the single dot level [6], showing that a single dot can emit different colours if excited at variable energy, indicating the presence of independent emission sites within a single CD, in striking contrast with the results of Ref. [191]. This evident contradiction between the results may be related to different experimental conditions. In particular, because of their very small sizes, it can be hard to discriminate between truly “single” dots and aggregates of a few dots. Therefore, it is possible that claims of tunability at the single-dot level are actually due to the emission from small

aggregates of CDs as sometimes observed in other systems [195] and, therefore, the tunability is just related to the superposition of emission of different dots.

To address the origin of tunability, a second method consists in the selection of a part of the as-synthesized original sample according to various criteria which span from surface charge [106,196] to particle size [10,25,62,89,92]. Any of these separation methods is helpful to provide a more homogeneous sample which is extracted from the original one. Indeed, these fractions usually display simpler optical characteristics or narrower morphological distribution. In addition, in this case, the results reported in the literature, and therefore their interpretations, are quite variable. By size exclusion chromatography (SEC), Kang et al. [62] separated CD nanoparticles according to their size. They found that the emission depends on the fraction, although each fraction displays a non-tunable fluorescence. Following this, they claimed that the inhomogeneity and, therefore, the tunability, is due to size polydispersity. For this reason, they supported the idea of a quantum confinement effect which affects the origin of emission. On the contrary, Wen et al. [89], using the same fractionation method, isolated several fractions with different size, and two of them in particular were considered pure emitters (green and blue, respectively) (Figure 9). The smaller fraction emits green fluorescence and the larger emits blue light, behaviour which is completely in disagreement with a quantum confinement vision. Therefore, the authors associated the tunability of the as-prepared sample to a different form of heterogeneity, i.e., dot-to-dot fluctuations of the density and type of surface functional groups. Thus, rather than quantum confinement, these authors propose that differently-sized dots display variable optical properties as a consequence of their different surface-to-volume ratio [89]. This interpretation was recently confirmed by a work where SEC was combined for the first time with ultrafast spectroscopy to address the elusive origin of fluorescence tunability [173].

Another commonly used separation procedure is High Performance Liquid Chromatography (HPLC) [25,92]. The success of the technique is evident from the very different optical properties of the obtained fractions, although it is generally difficult to operate a selection based on a single structural property (size, polarity...). In Ref. [25], the subsets show diverse emission bands and the single fractions are non-tunable. According to this, the authors generically associated the origin of tunability to the inhomogeneity of nanoparticle charge and/or size. Fuyuno et al. [92], using the same technique on a sample of GQDs, accomplished the separation of the sample into fractions displaying different optical properties. Despite this, they did not observe the disappearance of tunability and, therefore, associated the latter with the presence of sp^2 domains with different size and shape within each GQD.

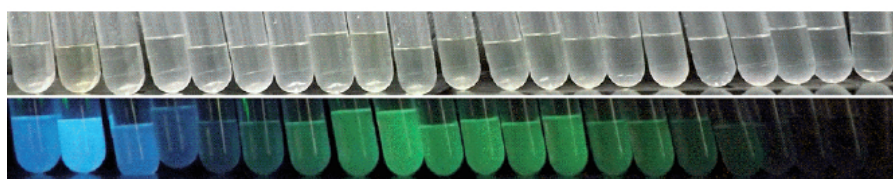


Figure 9. Products from a size exclusion chromatography procedure, as observed under daylight (top), or under UV light (bottom). Reproduced with permission from [89]. Copyright Royal Society of Chemistry, 2016.

Gel electrophoresis is another separation method by which it is possible to isolate fractions according to the surface charge. In addition, with this technique, the existing results in the literature are contradictory. In Ref. [106], this technique allowed for separating subsets of CDs emitting different colours according to their surface charge, in particular dots with the most negative charge on the surface were found to emit blue light. On the contrary, Ehrat et al. [196] did not succeed in the fractionation of different colored samples with the same method, and they separated a CD sample into different fractions which display the same emission band.

Despite these extremely contrasting results, most authors still agree to explain tunability as an effect of disorder. It is worth noting that a completely different explanation was proposed in one

study based on the result of a solvatochromic investigation [180], where the authors found a very slow solvation mechanism which causes a redshift of the fluorescence spectrum progressing on a time scale comparable to that of fluorescence decay. This so-called red-edge effect violates Kasha's rule and therefore may explain fluorescence tunability because the relative population of different emissive states becomes dependent on the excitation energy. However, such a hypothesis of very slow solvation around the surface of CDs has been disputed by several later works, based on the direct observation of solvation dynamics on sub-nanosecond time scales [102,132].

3.3. Interactions with the External Environment

CD sensitivity to variations of external environment is very well-known. Many articles demonstrate that the fluorescence of CDs is sensitive to external agents in solution as ions or molecules [138,197], to solvent differences [180], or to changes in pH value [175]. This sensitivity is very useful in several applications, as explained in Section 2.3, but the fundamental mechanisms behind it are still unclear.

Most CDs are very rich of surface -COOH groups, which get negatively charged in solution. Therefore, the formation of complexes with positively-charged metal ions is favoured, and the observation of such interactions is particularly widespread in the literature. When metal cations such as Hg^{2+} , Cu^{2+} , Fe^{3+} are dispersed in a CD solution, they usually produce a quenching of CDs fluorescence. The most accepted explanation invokes an efficient electron transfer from photoexcited CDs to metal ions [138,198], which prevents the radiative recombination of photo-generated excitons. On one hand, this interaction is not surprising, being very similar to the well-known quenching action of several common cations on the fluorescence of many organic dyes [199]. On the other hand, the tendency of CDs to easily participate to such photo-induced electron transfer reactions endorses the attribution of CDs fluorescence to surface states. In fact, it suggests that the emission involves surface charge traps directly exposed to the solvent, considering that electron transfer generally occurs on very short spatial scales.

In the literature, spectroscopic evidence of these interactions are several and most of them are obtained by steady-state and time resolved spectroscopy (nanosecond to femtosecond) [132,138,175,198]. These works have demonstrated that, depending on cases, electron transfer can occur either statically or dynamically. Static quenching [138,175,198] is associated with the formation of a relatively stable, non-luminescent CD-ion complex (Figure 10) [138], whereas dynamic quenching is mediated by collisions between CDs and diffusing metal ions in solution [198,200,201], which can be experimentally revealed by a reduction of the excited-state lifetime of CDs.

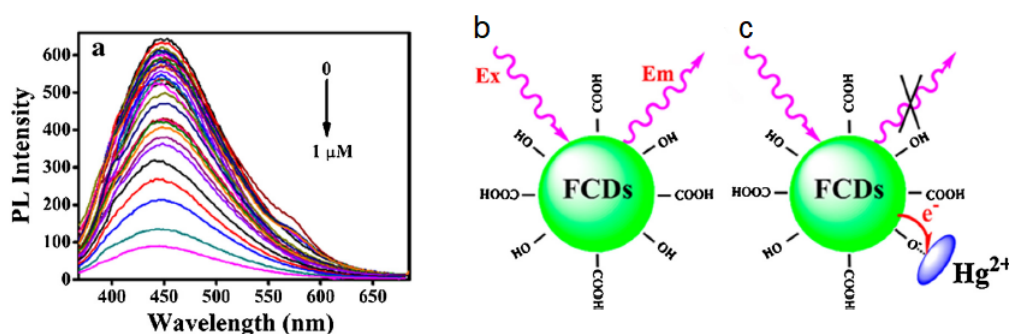


Figure 10. (a): emission spectra of CD solution with different amount of Hg^{2+} ions. (b,c): schematic illustration of fluorescence and quenching mechanisms, respectively. Reproduced with permission from [138]. Copyright Elsevier, 2012.

In general, the fluorescence of CDs usually responds to multiple metal cations, but some works [202,203] have reported a selective quenching of CDs by specific ions, which is probably

due to the specific binding interactions between certain CD surface groups with particular metals. Another recurrent finding in the literature is the selectivity of quenching by a copper ion with respect to zinc ion, which supports the idea of an electron transfer interaction. In fact, copper ions have an open-shell electronic configuration ($[Ar]3d^9$) which can host an electron donated from the dot, while zinc ions have a full d-shell and they are not expected to easily accept additional electrons [132,175].

In general, the ability of CDs to act as efficient photo-activated electron donors is rather well-established and not limited to the interaction with transition metal ions. In addition, depending on surface structure, CDs can also work as photo-excited electron acceptors. For instance, charge transfer dynamics are observed between CDs and organic molecules [197], or various types of metal complexes [204] or when CDs are adsorbed onto semiconductor surface [62]. This is the phenomenon which allows for using CDs as photosensitizers of semiconductors in photocatalytic devices.

The physical and chemical mechanisms underneath the charge transfer are not clear, as for instance the role of a specific surface structure in mediating the interaction between CD surfaces and a given ion. In addition, the dynamics of these processes are quite fast (picosecond or less) and they are invisible with standard spectroscopical methods, therefore ultrafast time-resolved techniques, still rare in the field, are necessary to go deeply inside the mechanisms of these interactions, and are being increasingly used in recent times. These studies are discussed in the next subsection.

When CDs are in contact with other electron donors (stronger than CDs), as in Refs. [197] or [204], they can act as electron acceptor and their fluorescence is quenched because a photoinduced electron transfer occurs from the external agent to the dots. The capability of CDs of behaving more efficiently as electron donors or acceptors is not well understood, but is likely related to their redox potential [132,205], which, in turn, depends on core and surface structures. To control this behaviour, which can be useful in photocatalytic or optoelectronic devices, Barman et al. [206] compared the behaviour of CDs subjected to n- or p-type doping. The electron transfer from the dot is favoured in the case of n-type doping (obtained with phosphorous), whereas CDs behave as electron acceptors (hole donors) when they are p-doped (by boron doping). Another way to control these properties is tailoring the surface of CDs in such a way to control their redox potential. Rigodanza and coworkers [205] did this with a reaction between CDs and different quinones, and demonstrated the promising electron transfer properties of CDs in particular surface conditions.

Besides the interactions with metal ions or molecules in solution, also solvent and pH have a crucial role in the properties of CDs. In particular, solvatochromic changes of the emission have been reported by several works [31,43,180,207], and the solvent can influence the interaction between photoexcited CDs and various external systems [197,202]. Moreover, changes in pH value influence emission intensity [198], probably changing the charge state of surface groups [175], due to their acidic/basic character. Similar to the electron transfer interactions, these observations also tend to confirm the key role of surface states in the photo-cycle of CDs. Chandra et al. [175] demonstrate that CDs synthesized from different precursors are stable in diverse pH intervals and, consequently, the emission is maximum at different pHs. This is caused by the presence of various groups on the surface as, for instance, $-COOH$ and $-NH_2$, which have very different acid-base properties. Another example is reported in Ref. [198] where a great amount of H^+ ions in solution is found to modify the emission. Here, the authors supposed that H^+ ions can protonate pyridinic N atoms on the surface of the dot, supposedly responsible for the emission. Then, when the system is photoexcited, a proton transfer supposedly occurs from pyridinic N to the carbon structure which blocks the emission process. Solvation usually modifies CDs emission both through non-specific and site-specific interaction. In fact, depending on cases, CDs can be either sensitive to the polarity of the solvent, or to its capacity to form a hydrogen bond, or to both. Because CD surfaces are rich in HB acceptors such as carboxylic groups, their capability to accept a hydrogen bond from a protic solvent can be absolutely crucial in the stabilization of the excited state, hence in determining the emission peak position [43,208,209]. Solvation studies with the use of steady state and time resolved nanosecond

spectroscopy demonstrate these effects through the dependence of the emission band on the polarity of the solvent [43,102,197,210], as well as a solvent-driven modulation of the non-radiative decay rates, hence the quantum yield [43,211]. Femtosecond studies, still rare for CDs, are needed to directly observe the undergoing solvation dynamics, which occurs on the picosecond and sub-picosecond scale [132,207]. In some cases, CDs display a very complex and irregular solvent response [32,102], which was attributed it to the coexistence of hydrophobic and hydrophilic groups on their surface (Figure 11). However, depending on their surface structures, CDs can also display a surprisingly simple solvent response, which can be used as a sensitive probe of the local polarity of the surrounding environment, though a regular dependence of the emission peak from the Dimroth–Reichardt E_T^N solvent polarity parameter [43].

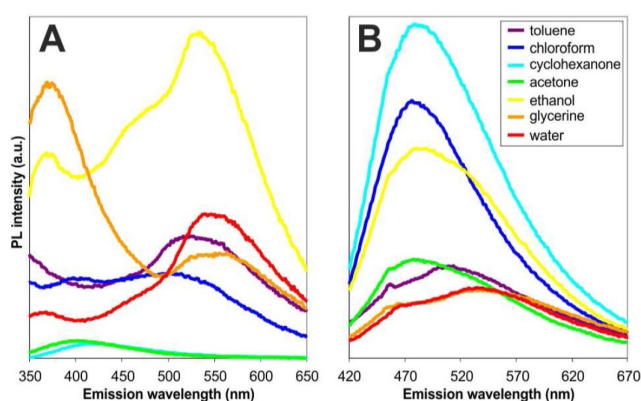


Figure 11. Emission spectra of CDs in different solvents excited at 290 nm (A) and 400 nm (B). Reproduced with permission from [32]. Copyright American Chemical Society, 2013.

3.4. Ultrafast Spectroscopy on Carbon Nanodots

Ultrafast spectroscopy is a powerful tool to investigate in real-time electronic and vibrational processes with ps (10^{-12} s) and fs (10^{-15} s) time resolution [212]. In general, these techniques are mandatory to map in full detail the photocycle of any physical system. Indeed, several dynamics can occur on ps or sub-ps time scale, including the energy cascade from the initially-excited state to the emissive state, solvation and hydrogen bonding dynamics, charge and energy transfer, and fluorescence quenching. By ultrafast techniques, it is possible to study in real time these mechanisms, which would be hidden in the steady-state spectra. Thus, this kind of experiments allows to map the relaxation channels which either lead to a long-lived emission or to a non-radiative recombination which prevents the formation of a fluorescent state. Ultrafast investigations on CDs recently started to attract interests by a few groups who use transient absorption (TA) spectroscopy [109,132,173,207,213], and fluorescence upconversion (FLUC) [214–216] to understand the photocycle of pristine CDs or their interactions with other nanoparticles, ions, or molecules. The aim is to overcome the severe limitations of previous studies mostly based on steady-state optical methods. TA and FLUC spectroscopies rely on measuring the photoinduced variations of the sample absorption spectrum, or the spontaneous emission of the sample, respectively, as a function of time and wavelength. Both techniques allow for elucidating the dynamics of a photoexcited system and the interactions with the external environment, with femtosecond time resolution.

Wang et al. [214] proposed a model for the emission of GQDs, based on the combined use of TA and FLUC. Their GQDs are characterized by two different emissions characterized by two separate lifetimes. The former is long-lived (few ns) and is responsible for the steady state emission, associated with the presence of functional groups at the edge of GQDs; the lifetime of the latter is very short (less than 2 ps) and related to a band-to-band transition, described by the authors as a dark intrinsic state. Ultrafast techniques turn out to be the only way to observe the existence of

these short-lived transitions, therefore to disentangle the role of band-to-band from edge transitions. In this case, the two types of emissions seem to proceed independently from each other, without any crosstalk between core and edge states. In addition, the population of the excited state appears to be instantaneous upon photo-excitation.

Opposite results were found by other works, where various forms of excitation transfer from core to surface were proposed [54,107,108,166,178,179]. For example, Strauss et al. [179] found that the population of the excited state occurs in tens of picoseconds from initial photo-excitation, probably through an energy transfer from the core. Other works, however, proposed these dynamics to be much faster, being completed within 400 fs [54]. The TA experiment presented by Lu et al. [107,108] discussed in more detail the interplay between core and surface. In fact, they disentangled two parallel relaxation channels which contribute to the population, from the photoexcited carbon core, of two different types of surface states: one which recombines in a non-radiative way and another one which is strongly emissive and detectable in steady-state experiments. Thereby, these results directly suggest the existence of an interplay between the carbon core and the surface states which contribute to the emission. By FLUC experiments, Wen et al. [215] conducted a study of the dynamics of charge carriers in photo-excited CDs, trying to compare them to the well-known dynamics within photoexcited semiconductor nanoparticles [162]. In their study, they identified time scales related to optical phonon scattering (<5 ps), acoustic phonon scattering (50 ps) and exciton recombination (1.5 ns). Moreover, they identified a fast component of 400 fs which is attributed to surface trapping of electrons from the core into surface states.

As already mentioned, solvation dynamics at the surface of CDs is expected to occur on sub-nanosecond time scales, as usually observed in molecular dyes. Therefore, femtosecond methods are mandatory to study these relaxation effects. Studies of CD solvation are still very rare. Jing et al. [207], recently observed solvation relaxation for CDs in different solvents, and attributed these dynamics to dipole–dipole interaction between CDs and solvent molecules.

Besides the intrinsic photocycle, ultrafast methods have also been used to address the fundamental mechanisms of charge transfer from or to CDs—for example when they are coupled to other materials as graphene oxide [216] or metal complexes [204]. As mentioned in Section 3.3, the emission of CDs is commonly quenched by interaction with a variety of external agents. This effect is tentatively associated with electron transfer from the dot to the coupled system or the other way around. Very few works used femtosecond methods to address the problem of electron transfer dynamics from/to CDs to/from various coupled systems. For instance, in Ref. [216], the authors studied CD–graphene oxide (GO) nanocomposites and found a time constant of 400 fs for the electron transfer from CDs to GO. Another work [204] dealt with the interactions between CDs and iridium-ruthenium metal complexes, from which the authors identified two time constants of ≈ 1 ps and ≈ 20 ps associated with charge transfer from the metal complex to the CDs excited state. A recent study addressed for the first time by femtosecond methods the interaction dynamics between CD and copper ions, an archetipal oxidant for CDs, and directly observed the dynamics of the electron transfer reactions, occurring on two time scales of 0.2 ps and 2.0 ps [132]. Interestingly, it was found that these reactions are driven by the local rearrangement of the solvent around the anchoring site of the ion on the CD surface, suggesting again a key role of the solvent in determining the photophysics of these systems.

Combining CDs with other materials in solar cells or photocatalytic devices changes the efficiency of the device, increasing or decreasing it. Some authors used femtosecond spectroscopy to investigate the optical response of these devices [109,155,213], or of the component materials used in them [216–219]. It is worth reporting here the comparison between two extreme situations. Tetsuka et al. [213] used a sample of nitrogen-functionalized GQDs as a layer within a perovskite solar cell. Using femtosecond TA, they established the speed up in the electron extraction rate from ≈ 300 ps to ≈ 50 ps caused by the addition of GQDs, as a consequence of which GQDs lead to an increase of the power conversion efficiency. On the other extreme, Margraf et al. [155] demonstrated that the use of

CDs as sensitizers in mesoscopic solar cells reduces the performance of the solar cells and attributed this to the non-ideal balance between the charge recombination and the regeneration processes.

Last but not least, femtosecond methods are not only useful to study the fundamental photo-cycle of CDs, but also to address the relation between disorder and fluorescence tunability, providing a complementary approach with respect to single-molecule and fractionation experiments discussed in Section 3.2. Recently, femtosecond hole burning experiments [173], allowed for breaking into the structureless electronic absorption spectra of CDs and reveal the true, underlying homogeneous absorption lineshapes. Combined with SEC, these experiments allowed for explaining CD fluorescence tunability as a photo-selection effect across a family of transitions with continuously variable energies (Figure 12). This dot-to-dot spectroscopic variability was attributed to the fluctuating surface structures of the ultra-small dots, ruling out again any role of quantum confinement in the emission mechanism of these CDs.

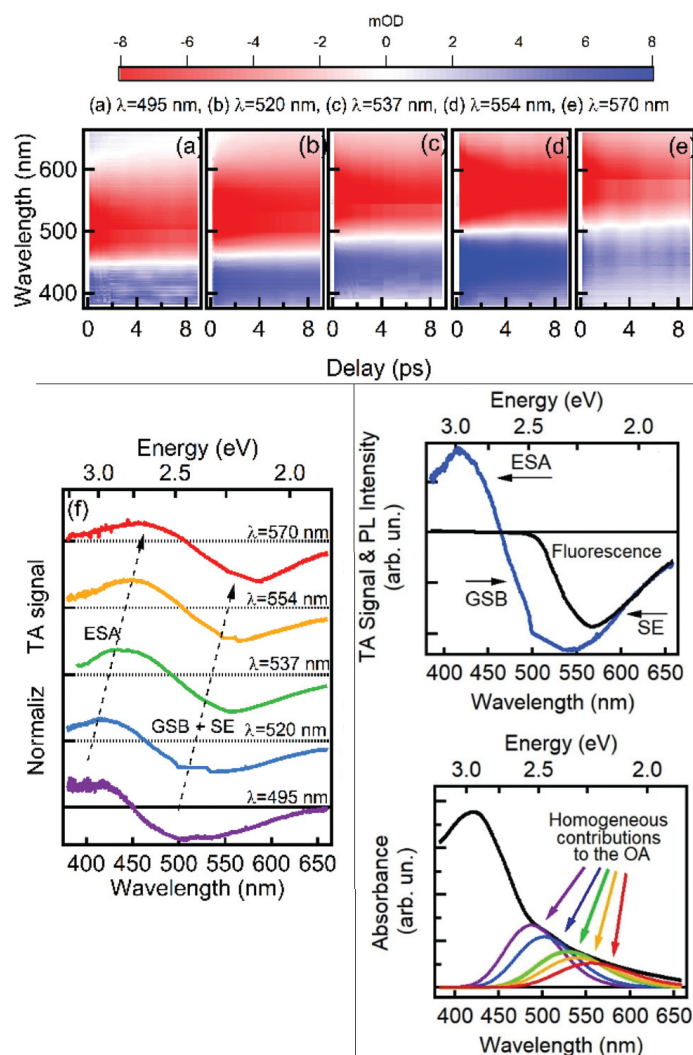


Figure 12. (top): femtosecond TA data excited at different wavelengths. (bottom left): data recorded at 50 ps from photo-excitation, showing the hole burning within the optical absorption band, and the photoselection across a family of transition with continuously variable energies. (middle right): decomposition of the TA data in contributions due to ground state bleaching (GSB), excited-state absorption (ESA) and stimulated emission (SE). The SE is compared with the steady-state fluorescence signal. (bottom right): comparison between steady-state optical absorption (OA) and individual homogeneous contributions obtained from hole burning data. Reproduced with permission from [173]. Copyright Royal Society of Chemistry, 2018.

4. Conclusions

After more than a decade of intense debate, the problem of understanding the fundamental photophysics of CDs is still open, made particularly difficult by the large variability of CD structures. The existing data overall indicate that CD optical responses cannot be described within a simple and unified paradigm. In fact, the wide structural variability of CDs synthesized through different routes entails a range of different electronic properties and variable behaviours upon photo-excitations. However, one should keep in mind that the remarkable diversity of CDs synthesized by different routes remains one of their key strengths in tailoring them for multiple applications.

The “classical” interpretations of CD fluorescence invoke a combination of transitions involving molecular-like surface states, states related to surface passivating groups, and conjugated sp^2 domains within the carbogenic core. Today, it should be recognized that these different mechanisms are probably all possible, although the unique interplay between electronic states of different nature is structure-dependent and uniquely determined for each sub-type of CD.

Anyway, recent works have achieved important steps forward in our current understanding of these nanosystems, by deploying a range of advanced methods from single-molecule microscopy to femtosecond time-resolved spectroscopy. For instance, it has been conclusively clarified that the characteristic fluorescence “tunability” of CDs is an effect of disorder, mostly due to dot-to-dot fluctuations of the surface structure. Furthermore, the crucial role of surface trap states, populated by spontaneous charge separation after photo-excitation, is now well-established in the literature. Indeed, recent work has provided direct evidence, in several significant cases, of the very fundamental dynamics that bring CDs from the initially excited state to the final outcome of the photocycle, either fluorescence or a relevant photochemical process.

Despite these advances, plenty of work remains to be done. In particular, the ability to reliably foresee how a given CD structure will yield a specific photo-physical behaviour is still beyond our reach. Such a limitation, combined with the enduring difficulty of synthesizing CDs with precisely controlled structures, still hinders their full control and optimization in a number of applications. Thus, the main challenge to be overcome in the field remains, achieving a comprehensive understanding of how the optical response of CDs can be traced back to specific, and tightly controlled, microcopic structures. Only by fulfilling this task will it be possible to achieve the complete control of CDs and fully exploit their large technological potential.

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